

High School**September 17, 2017****Love in a Lunchbox**

Another school day, another boring lunch, right?

If you're already dreading another year of PB&J, meet a dad from California who creates inspiring lunches for his kids.

Beau Coffron, who works as his church's social media director, began packing beautiful lunches for his daughter when she was in kindergarten.

Years later, he's mastered the art of creative lunches. He makes Star Wars Stormtroopers out of tortillas and My Little Pony portraits from cream cheese and raspberries. He takes pictures of every lunch and shares them on Instagram as LunchBox Dad.

Coffron says the project has helped him create closer relationships with his family. Now he pays closer attention to the books they're reading and the movies they're watching.

"It has been great because it really opens up conversations with my kids," he said.

Discussion Questions

- Talk about school lunch. Who makes your lunch? Is it usually beautiful or boring?
- LunchBox Dad makes fun lunches for his kids every single day. Talk about what he provides for them. Food? Love? Comfort? What else?
- In 1 Kings 17, God provides for Elijah. Look at the story and list the ways God our heavenly Father cared for Elijah.
- How does your heavenly Father take care of you today?
- Read Psalm 46:10. What does this verse mean to you right now?